

Name _____

Date _____

Class _____

Teacher _____

Quiz: Food Insecurity

Directions: Select the answer that best completes the sentence.

1) According to Rachel Sheffield, food insecurity does not mean hunger, it means that some people _____.

- A) do not have enough food to eat
- B) eat fast food instead of healthy food
- C) buy cheaper foods, store brands, or reduce the variety of food they eat
- D) rely on food stamps

2) Government programs aimed at addressing food insecurity may inadvertently perpetuate _____.

- A) healthy eating habits
- B) government dependency
- C) improved education
- D) full employment

3) Oatmeal, peanut butter, bananas, and eggs _____ fast food and many kinds of junk food.

- A) are far more expensive than
- B) cost less per calorie than
- C) are just as unhealthy for people as
- D) have the same nutritional value as

4) The claim that poor people are overweight because they can't afford to eat healthy is _____.

- A) accurate
- B) misleading
- C) the fault of low prices at fast food restaurants
- D) because fruits and vegetables are inexpensive

5) The main idea of the video is that promoting _____ is more effective than pushing government aid.

- A) self-sufficiency
- B) dependency
- C) entitlement
- D) poverty

Answers:

1. C
2. B
3. B
4. B
5. A