

Name _____

Date _____

Class _____

Teacher _____

Quiz: Health Coach Threatened With Jail

Directions: Select the answer that best completes the sentence.

1) Heather said she is a _____ holistic health coach.

- A) licensed
- B) certified
- C) expert
- D) blogging

2) The lawsuit discussed in the video is based on _____.

- A) a person's right to work at whatever career he or she wants, without regard to training
- B) the different regulations states have on occupational licensing
- C) the constitutional protection of free speech
- D) safety

3) Bloggers and book authors _____.

- A) must pass more stringent federal requirements to offer nutrition advice in the United States
- B) in Florida need to have state approval if they give advice online or in print
- C) don't claim to be experts and so do not need to be certified to publish their advice
- D) are protected from state regulations by the First Amendment

4) Heather said that in Florida, _____.

- A) she is not allowed to meet or speak with individuals seeking her advice
- B) she cannot write a blog or publish a book with nutrition advice unless she has a license
- C) people are safer because in California, anyone can offer nutrition advice
- D) the state government cares about people's health, that's why it regulates nutrition advice

5) The main point of this video is that _____.

- A) public safety should not be at risk because of someone's insistence on free speech
- B) people should take advice from experts who have written books, not from health coaches
- C) state governments should adopt the same regulations, so that when people move, they do not need to get new licenses or certifications to continue to do their job
- D) people should have the freedom to discuss health and nutrition whether they are paid or unpaid

Health Coach Threatened With Jail – Answer Key:

1. B
2. C
3. D
4. A
5. D