

Name _____

Date _____

Class _____

Teacher _____

Quiz: Delayed Gratification

Directions: Select the answer that best completes the sentence.

1) According to the video, a third of the children given the Marshmallow Test

_____.

- A) didn't eat the marshmallow they were given so they could get an additional marshmallow
- B) initially waited, but eventually gave in to temptations
- C) walked out because they did not like marshmallows
- D) tried to bargain for more marshmallows

2) When the participants who delayed gratification in the first Marshmallow Test were evaluated later in life, they were _____.

- A) no different in life than those who did not delay gratification
- B) found to be better parents than those who ate their marshmallows right away
- C) more likely to have been diagnosed with diabetes
- D) more likely to be happier and have better relationships, and less likely to get into trouble

3) The ability to delay gratification can be taught and improved by _____.

- A) having children repeatedly take the Marshmallow Test
- B) giving children books to read about the benefits of delayed gratification
- C) immediately giving children what they ask for so they don't have temper tantrums
- D) consistently showing children the benefits of delaying gratification

4) All of the following are important parts of teaching children to delay gratification, except

_____.

- A) scolding children for not delaying gratification
- B) parents should not give in to tantrums
- C) encouraging children to save their money
- D) setting good examples for children

5) The main point of this video is that _____.

- A) if parents don't keep their word, their children will grow up trusting no one
- B) children's behavior can be altered, but it has little long-term impact on their lives
- C) children who learn the benefits of delaying gratification are better off in life
- D) children whose parents buy them lots of "stuff" will be more successful in life

Delayed Gratification – Answer Key:

1. A
2. D
3. D
4. A
5. C